

Agnes **Elaine Bucknum** MSW, RSW, RFM

Bucknum-Nixon & Associates Ltd.
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Education & Licensure

Master of Social Work, University of Calgary

Bachelor of Arts (with Distinction), Psychology, University of Alberta

Course work in Social Policy, London School of Economics

Courses in Leadership and Organizational Development, Conflict Management, Mediation, Arbitration, University of Calgary

Advanced Mediation, Association of Family and Conciliation Courts

Marital Therapy Course, Gottman Institute, Seattle, Washington

Emotionally Focused Therapy, Ottawa Couple and Family Institute

Vancouver Couple and Family Institute, Vancouver, BC

Centre for Emotionally Focused Therapy, Vancouver, BC

Registered Family Mediator, Alberta Family Mediation Society

Registered Social Worker in Alberta

Experience

Bucknum-Nixon & Associates Ltd., Calgary, Senior Consultant

Provides short-term clinical services and therapy (assessment, crisis intervention, treatment and referral) to individuals, couples and families.

Provides case management services to enable individuals/families to utilize community resources effectively and to function optimally.

Recognized as a “self-managed care manager” with CHRA Home Care. Provides mediation to couples, and partners, in regard to family issues, and business and financial issues.

Foothills Hospital, Calgary, Director, Department of Social Work

Managed Department of Social Work in a large urban hospital, including leadership management of the various therapeutic and research programs, training of social work staff, and acting as sessional instructor for the Faculty of Social Work (University of Calgary).

Provided short-term clinical services and therapy to individuals, couples and families.

Developed and presents workshops and seminars on a variety of subjects including:

- Stress Management
- Communication Skills
- Self Esteem
- Care of the Elderly
- Grief and Bereavement
- Critical Incident Debriefing
- Peer Support
- Myers Briggs Type Indicator
- Psycho-Social Aspects of Rehabilitation
- Coping with Illness-Individual and Family needs

Calgary General Hospital, Calgary, Cardiology Program Social Worker

Provided short-term clinical services and therapy (assessment, crisis intervention, treatment and referral) to individuals, couples and families.

Provided case management services to enable individuals/families to utilize community resources effectively and return to their own homes whenever possible.

Private Practice, Calgary, Individual, Couple and Family Therapist

Individual, couple and family relationship issues. Effective co-parenting and parent coordination. Mediation, with an emphasis on parenting plans.

Imperial Oil Ltd. Calgary, Administrative Officer

Administrative supervisor and team leader for staff in support department. Provided stress management seminars and services to individuals.

Holy Cross Hospital, Calgary, Team Coordinator, Psychiatry

Provided short-term clinical services and therapy (assessment, crisis intervention treatment and referral, if required) to individuals, couples and families. Acted as team leader in area of psychiatry.

Alberta Mental Health, Calgary, Social Worker

Volunteer

Served as a member and executive on several community and University boards including:

- Alberta Association for Marriage and Family Therapy
- Alberta Family Mediation Society, current President, 2009-2010
- Calgary Women's Literary Club, current President 2008-2010
- Calgary Widowed and Family Bereavement Association
- Distress Centre
- Rotary Club of Calgary
- University of Calgary Board of Governors, Senate and President of Alumni Association

Publications

Bucknum, Elaine (1975). Change in Interactions as a Measure of Effectiveness in Short Term Family Therapy, Family Process.

Bucknum, Elaine, Shuler, Sandy, (c.2007, 2008). Effective Co-Parenting: Putting Kids First, Participant Guide and Facilitator Guide.

Recent Presentations

Effective Co-Parenting: Putting Kids First

- Family Services Canada – Annual Conference 2007
- Saskatoon Family Services – March 2009
- Alberta College of Social Workers – Annual Conference 2009