

AGNES ELAINE BUCKNUM, MSW, RSW
Bucknum-Nixon and Associates Ltd.
Calgary, AB
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EDUCATION

- Master of Social Work, University of Calgary, Thesis: Change in Interactions as a Measure of Effectiveness in Short Term Family Therapy
- Bachelor of Arts, (with distinction), in Psychology, University of Alberta
- London School of Economics, Course Work and Practicum in Social Policy

CLINICAL EXPERIENCE

Private Practice, Bucknum-Nixon & Associates Ltd., Calgary - Senior Consultant

Areas of Specialization:

Counselling and Life Skill Coaching

- Provides clinical psychosocial services for individuals, couples and families. Therapeutic orientations include cognitive behavioral, emotionally focused couple therapy, child focused family therapy and solution based therapies
- Provides assessment and treatment for health concerns, anxiety, depression, behaviour issues, abuse and trauma related experiences, work situations, grief and bereavement
- Provides coaching to individuals to assist them in managing life crises and developing skills and plans for their future
- Provides assistance and treatment for children's behaviour issues
- Facilitates change with client systems by introducing interventions aimed at helping clients understand and master their own problems and the dynamics that create them
- Provides case management services to enable individuals/families to utilize community resources effectively and to function optimally.
- Developed and presented workshops for community organizations including Stress Management, Couple Counselling, using the Myers-Briggs Indicator, and Grief and Bereavement

Mediation and Parent Coordination

- Assists parents in developing child-centered parenting plans for the purposes of separation and divorce planning
- Co-developed and facilitated a program entitled "Effective Co-Parenting: Putting Kids First", funded by The United Way of Calgary, Jewish Family Service Calgary, and the Rosslyn Steinberg Family Life Education Program Fund
- Provides parent coordination and arbitration for parents of children for the purpose of assisting parents develop well-adjusted children in situations of divorce and separation

- Recognized as an expert in Family Interactions and Dynamics by Court of Queen's Bench, Justice C. Phillips, February 1, 2012

Director, Foothills Hospital, Calgary, AB

- Managed Department of Social Work, including leadership of the various therapeutic and research programs, supervision of social work staff. Acted as Sessional Instructor for the Faculty of Social Work, University of Calgary for the fourth year practicum course, and the Health and Public Policy Course
- Developed and taught Gerontology Course through Department of Continuing Education, University of Calgary
- Provided counselling to individuals, couples and families to assist them to cope with health concerns and grief and bereavement
- Developed and presented workshops and seminars on the following subjects: Stress Management, Families in Transition, Care of the Elderly, Grief and Bereavement

Social Worker, Calgary General Hospital, Calgary, AB

- Provided comprehensive psychosocial assessments and treatment of individuals and their families experiencing difficulties with cardiac problems
- Co-developed and presented seminars to staff, patients, and their families on stress management, sexuality and coping with illness

Administrative Officer, Imperial Oil Ltd., Calgary, AB

- Worked closely with other departments within the organization to provide administrative services and acted as administrative supervisor and team leader for clerical and purchasing departments
- Developed and presented seminars to staff on stress management as part of a wellness program

Social Worker, Team Leader, Holy Cross Hospital, Calgary, AB

- Provided comprehensive psychosocial assessments of adults and their families.
- Provided couple and family therapy as part of a therapeutic treatment team
- Collaborated with a wide variety of resources including physicians, psychiatrists, nursing professionals and community and residential resources
- Facilitated a treatment team that provided services to both in-patients and outpatients and their families

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

- Canadian Association of Social Workers
- Registered Family Mediator, Alberta Family Mediation Society
- Clinical Member and Approved Supervisor, American Association for Marriage and Family Therapy
- Registered Clinical Social Worker, Alberta College of Social Workers
- Association of Family and Conciliation Courts

PUBLICATIONS

Bucknum, Elaine. 1975. *Change in Interactions as a Measure of Effectiveness in Short Term Family Therapy*; Family Process (Magazine)

Bucknum, Elaine & Shuler, Sandy. 2008. *Effective Co-Parenting: Putting Kids First*; Participant Guide and Facilitator Guide.

PROFESSIONAL PRESENTATIONS

Couple Counselling – Emotionally Focused Therapy

Presented to Jewish Family Services Calgary

Effective Co-Parenting: Putting Kids First

Presented at Alberta College of Social Workers Convention

Presented to Jewish Family Services Calgary

Presented at Family Service Canada National Conference

Stress Management

Presented to McInnis & Holloway Staff

Presented to General Public – Foothills Hospital

Presented to Cardiac Rehabilitation Program

Grief and Bereavement

Presented to Association of Caregivers

Presented to General Public – Foothills Hospital

Presented to Funeral Home Staff Association

Coping with Illness – Individual and Family Needs

Presented to Caregivers Group

Presented to General Public – Foothills Hospital

Myers Briggs Type Indicator

Presented to Kananaskis Ski Program

Meyers North Penny LLP – Entrepreneurial Program

VOLUNTEER ACTIVITIES

Served as a member and executive on several community and University boards including:

- Alberta Association for Marriage and Family Therapy
- Alberta Family Mediation Society, Past-Chair; Past-Registrar
- Canadian Federation of University Women, Calgary
- Calgary Widowed and Family Bereavement Association
- Distress Centre
- Calgary Women's Literary Club, President
- University of Calgary, Board of Governors; Senate; President of Alumni Assoc.
- Rotary Club of Calgary

PROFESSIONAL DEVELOPMENT

2017

- When Desire Goes Looking Elsewhere, Esther Perel, October 2017
- Parenting Coordination and Mediation/Arbitration Process Design for Legal and Mental Health Professionals Working in Family Law, Association of Family and Conciliation Courts – Alberta Chapter, November 2017
- Evolution of Psychotherapy Conference, The Milton H. Erickson Foundation, December 2017

- Trauma and the Immigrant Experience, Tomas Martinez, Ph.D., Pepperdine University, December 2017
- 2016
- Emotionally Focused Couple Therapy (EFT): Six Week Online Training with Sue Johnson, Ph.D., Jack Hirose & Associates Inc.
 - Complex Family Systems: Elevating Safety and Managing Risk, Alberta *family* Mediation Society & Association of Family and Conciliation Courts – Alberta Chapter Joint Conference
- 2014
- Healing and Treating Trauma, Addictions and Related Disorders, Jack Hirose and Assoc., November 2014
 - Researched Informed Practice, Bill Eddy, April 2014
- 2013
- Emotionally Focused Therapy, Veronica Kallos-Lilly, May 2013
 - The Making of a Mediator, Michael D. Lang, Dr. Barbara Jo Fidler, May 2013
 - When Sex Gets Complicated, Dr. Marty Klein, April 2013
- 2012
- Rethinking Couples Therapy: A Radical Approach to Sex, Love, and Infidelity, Esther Perel, October, 2012
 - Critical Incident Debriefing, Crisis and Trauma Resources Institute Inc., March 2012
 - Separation, Children & Divorce: How to Help Parents Meet the Biggest Challenges, Dr. Joan Kelly, Ph.D., April 2012
 - Alberta Family Mediation Society: Learning Together. Ethical Practice in Private Dispute Resolution, Dr. Julie Macfarlane. Those Questions We Have... Exploring Challenges in our Craft, Dr. Arnold Shienvold, April 2012
- 2011
- Domestic Violence, Judge Nancy Flatters, September 2011
 - The Power of the Magical Other, Dr. James Hollis, September 2011
 - It's Time to Talk About it: The Art and Science of Family Mediation, Honourable Heather A. Lamoureux (QC, PCJ, CMed) and Brian Thwaites, March and April 2011, Alberta Family Mediation Society
- 2010/2011
- ICEEFT, Vancouver Couple and Family Institute, Emotionally Focused Therapy Training, October 2010, February 2011, September 2011
- 2009
- When Parents part: Children, Legal Issues, and the Emotional Process of Coming Apart, Robert Emery, Ph.D., April 2009
 - Advanced Mediation Skills for Challenging Situations, Gary Friedman, April 2009,
 - Child Development and Parenting Plans, Dr. Joan B. Kelly, July 2009, Arbitration for Parenting Coordination in Divorce/Separation, Judge Michael H. Porter, Ret'd., September 2009
 - Externship in Emotionally Focused Therapy, Yolanda vonHochauf, M.Ed., RMFT and Veronica Kallos-Lilly, Ph.D., R.Psych., July 2009

2008

- Advanced Issues for Divorce Mediators: Helping Children and Families Navigate Unique Circumstances in Divorce, Dr. Donald T. Saposnek, April 2008,
- Elder Care Mediation, Dr. Barbara Sunderland Manouso, April 2008
- Managing the Complications of Disengagement, Lorri Yassenik, MSW, RFM, September 2008
- Fitting the Forum to the Family: Emerging Challenges for Family Courts, Association of Family and Conciliation Courts, May 2008

2007

- Pathways to a Good Divorce: The Children's Perspective, Constance Ahrons, Ph.D., April 2007
- Children of Separation and Divorce, Association of Family and Conciliation, May 2007
- Emotionally Focused Therapy, Dr. Sue Johnson, EDDC Psych, June 2007